

MI HEALTHY MOTHERS, HEALTHY BABIES COALITION

NOVEMBER 4TH IS ELECTION DAY

- Make your voice heard—VOTE!
- Visit the Michigan Department of State website at michigan.gov/sos for information:
 - ◇ See a complete list of candidates for federal and state office.
 - ◇ Review the state ballot proposals.
 - ◇ Verify your registration and find your polling place.

Transition of pregnant women to MA mandated managed care

Effective October 1, 2008, all pregnant women who are newly eligible for Medicaid will be required to enroll in a Medicaid Health Plan.

Pregnant women are no longer a voluntary population; they have changed to a mandatory managed care population.

Although MIHP has been carved out of the managed care capitation, the Health Plans will be required to assure their pregnant enrollees have access to MIHP services. The Medicaid Health Plans are required to have coordination of care agreements with all MIHP providers in their service area.

In turn, The MIHP providers must assure that the Health Plans are aware their enrollees are receiving MIHP services. MIHP providers are also required to have coordination of care agreements with the Medicaid Health Plans.

A model care coordination agreement is being finalized by the Mandatory Enrollment Transition Workgroup.

Michigan ENROLLS will continue to facilitate enrollment into the Health Plans. They will also inform women about support services including WIC and MIHP.



Vote with children in mind!

Information about the transition is available:

Medicaid Provider Inquiry Hot Line (1-800-292-2550).

Provider consultants at <www.ProviderSupport@michigan.gov>

Beneficiary Help Line (1-800-642-3195)

Billing

All MIHP services provided after October 1st are to be billed directly to MDCH. The Health Plans are not to be billed.

Michigan Enrolls

Beneficiaries can receive help choosing a health plan or doctor through Michigan Enrolls at 1-888-367-6557

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MI Photo ID Requirements for Voters



Polls are open from 7 AM to 8 PM on election day.

Anyone in line before the polls close will be allowed to vote.

MI election law requires that all registered voters present a valid photo identification or complete an “Affidavit of Voter Not in Possession of Picture Identification” before poll workers can issue them a ballot.

Voters who do not have a valid photo identification must complete the affidavit on the reverse side of the voter application. A regular ballot is issued after the affidavit is completed.

Lack of a photo identification does not limit an individual’s right to participate in the election:

- No provisional ballots. Voters who complete an affidavit will be issued a regular ballot.
- No denial of the right to vote. Completion of the affidavit allows the individual to vote.

Healthy People 2010 - How is Michigan Doing?

Michigan’s has made progress towards achieving some Healthy People goals, but has far to go on many others. Our best state ranking is 7th for the percent of women receiving mammograms in the past two years. As of 2006, we exceeded the 2010 goal of 70%. Our worst ranking is 44th for the percent of adults who are obese. Not only are we far from meeting the 2010 goal of 15%, the percent of adults who are obese is increasing rather than decreasing.

Among the 50 states, MI ranks poorly on several measures. We are 32nd on

Accepted forms of photo identification are a Michigan driver’s license or a Michigan personal identification card. (The personal identification card does not have to be current).

Voters who do not have a MI state issued photo identification may show one of the following documents if it is current:

- Driver’s license or personal identification card issued by another state.
- Federal or state government issued photo identification.
- U. S. Passport.
- Military photo identification card.
- Student photo identification card from a high school or an accredited institution of higher education.
- Tribal photo identification.

tobacco use by adults and lung cancer death rates, 35th on infant mortality, 38th on new cases of gonorrhea, and 42nd on coronary heart disease deaths.

MI ranks better than most states on other measures. We are 11th on cervical cancer deaths, 10th on prostate cancer deaths, 8th on deaths from unintentional injuries, and 7th on tobacco use by adolescents.

See the full report, *Comparison of Michigan Critical Health Indicators & Healthy People 2010 Targets*, at www.michigan.gov.

From the Michigan Department of Community Health

Compact Fluorescent Light Bulbs (CFL)

Compact fluorescent light bulbs (CFL) have become popular because they use less energy and last up to 10 times longer than standard light bulbs. They fit standard light sockets, such as lamps or ceiling fixtures. A CFL bulb is made of glass, ceramic, metal, phosphor, and a small amount of mercury.

CFLs are safe to use. The mercury in the bulb is in the form of an invisible vapor or a tiny mercury bead. A mercury thermometer has about 100 times more mercury than a CFL bulb. The risk of harm from a broken CFL bulb is very small. The amount of mercury vapor that is released from one broken bulb is not enough to make anyone sick. However, it is best to avoid any exposure to mercury.

How should a broken CFL bulb be cleaned up? - It is **not** necessary to hire a professional. By following these directions from the Michigan Department of Community Health, you can safely do the cleanup yourself.

-Open a window or door and leave the room for at least 15 minutes. Any mercury vapor will ventilate to the outdoors.

-Do not vacuum yet. Vacuuming will spread any mercury vapor that is in the room to other areas. Ventilating the room first should get rid of any vapor from the bulb.

-Collect the pieces using a broom and cardboard or stiff paper. Do not use a metal dustpan because the mercury will stick to it. Place the broken pieces in a sealable plastic bag.

***For a break on a hard surface** - Wipe the area with a damp disposable rag or paper towel. Place the rag or paper towel in the bag with the broken bulb pieces, seal the bag and throw it away in your household trash.

***For a break on carpeting or other soft items like furniture, toys, bedding or clothes** - Use the sticky side of duct or packaging tape to pick any remaining powder and pieces of glass. Put the tape in the bag. Seal the bag and throw it away in your household trash.

Carpeting traps more mercury than hard surfaces. Keep people and pets off carpeting for a few weeks in case any small pieces of glass are left. Any mercury vapor should be gone by then and the carpeting can be safely vacuumed. Change the vacuum cleaner bag or empty the dust cup after vacuuming. Other soft surface items (chairs, couches) can be placed outside the house for a few days to get rid of any remaining mercury vapor.

You may want to consider using standard light bulbs in carpeted bedrooms or playrooms where children or pregnant women spend a lot of time.

How should burned out CFL bulbs be disposed of? - The best way to dispose of unbroken bulbs is to recycle them. Check with the store where you bought your bulb to see if they recycle CFLs. Call your local health department, local recycling center or go to <http://www.earth911.org> to find recyclers. If you throw a CFL bulb out, seal it in two plastic bags, one inside the other, and throw it in the outside trash. Never burn a CFL bulb.

Where can I get more information?

For more information contact the Michigan Department of Community Health (MDCH) at 1-800-648-6942 or visit these websites;
<http://www.michigan.gov/mdch-toxic> or
<http://www.michigan.gov/mercury>.



MI Healthy Mothers, Healthy Babies Coalition

Chair
Dianna Baker
Kent County Health

Visit us on the web
at www.hmhbmi.org

The State Child Health Insurance Program (SCHIP), set to expire in December of 2007, was extended and funded through March 31, 2009. The Children's Defense Fund is leading the national campaign to assure all children have health coverage. A major goal of the campaign is the reauthorization and expansion of SCHIP. For information on the status of the legislation, visit the Children's Defense Fund website at www.childrensdefense.org.

Go to the Policy Initiatives tab to find ways you can become involved in the campaign.

2008 Nursing Spectrum Excellence Awards Winner

Nursing Spectrum's Nurse Excellence Awards recognize the outstanding service of individual nurses in six categories; Leading the Profession, Clinical Care, Community Service, Management, Mentoring, and Teaching.

Congratulations to HMHB's own Delicia Shimkoski, RN, BSN, IBCLC. She is the recipient of the 2008 Midwestern region award for clinical care.

Delicia is the Coordinator of Childbirth and Lactation Services at Hutzel Women's Hospital in Detroit. She is an active member of the Eastern Region and has consistently contributed her time, talents, and enthusiasm to HMHB activities at both the local and state levels.

As noted in the September/October issue of Nursing Spectrum, breast feeding rates have doubled at Hutzel because of her initiative. She not only works with new mothers while they are in the hospital, but makes house calls to help women if they have problems with breastfeeding when they get home.

Award winners from across the county will be judged by a national panel. The panel will select one winner for Nurse of the Year in each category. Those results will be announced at the end of the year.

Congratulations Delicia. Best wishes for the national competition!!